



Cobb County...Expect the Best!

East Cobb Senior Center

On Going Activities

Seniors (55+) are welcome to participate in activities between 8:30am and 4:30pm

<u>Time</u>	<u>Activity</u>	<u>When</u>
MONDAY THRU FRIDAY		
8:30am-4:30pm	Open Billiards	Daily
8:00-8:30am	Indoor Walking	Daily
4:00-4:30pm	Indoor Walking	Daily (except Wed)
8:00am or 3:30pm	Table Tennis (<i>check for schedule times</i>)	Daily (except Wed)

MONDAYS

9:00am-Noon	Tennis Mixer (Harrison Tennis Center.)	Weekly
9:00-10:00am	East Cobb "Classic Golf Club" Board Mtg.	3rd Mon.
10:00-11:00am	East Cobb "Classic Golf Club"	3rd Mon.
10:30-11:30am	Senior Exercise	Weekly
10:00-11:00am	Catch'em Fishing Club	1st Mon.
1:00-4:00pm	Intermediate Bridge I & II	Weekly
2:00-3:00pm	Guys & Dolls Choral Group	Weekly

TUESDAYS

9:00am-1:00pm	55 Alive Driving Course	4th Tue.
9:30am-4:00pm	Pinochle	Weekly
9:30-10:30am	Line Dance Practice	Weekly
9:30am-12:30pm	Intermediate Bridge I & II	Weekly
10:30-11:15am	Intermediate Line Dance	Weekly
11:30am-12:15pm	Focus on Fitness	Weekly
12:30-2:00pm	Advanced Line Dance	Weekly
12:30-4:00pm	Duplicate Bridge	Weekly
1:00-4:00pm	Rummykub	Weekly
2:00-2:30pm	Line Dance Practice	Weekly

WEDNESDAY

9:30am-Noon	N.A.R.F.E. (Business Meeting)	4th Wed.
9:30am-Noon	Mah Jongg	Weekly
9:30am-Noon	Open - Board Games & Card Games	Weekly
10:30-11:30am	Senior Exercise	Weekly
1:00-3:00pm	Knitting	Weekly
1:00-4:00pm	Intermediate Bridge I & II	Weekly
2:00-3:00pm	Foxtrotters Ballroom Dance Club Meeting	3rd Wed.
2:00pm	Billiards Club	Weekly

THURSDAYS

8:45-9:30am	Golden Kiwanis Board Meeting	2nd Thu.
9:00am-1:00pm	55 Alive Driving Course	4th Thu..
9:00-11:00am	Wood Carvers Club	Weekly
9:30am-Noon	Photography Club	1st Thu.
9:30am-3:00pm	Hand & Foot	Weekly
10:00am	Golden Kiwanis Club	Weekly
10:00am	J.O.Y Bowling Club/Village Lanes	Weekly
10:30am-Noon	Ideas & Issues Book Club	3rd Thu.
11:00am-4:30pm	Beginner Pinochle	Weekly
1:30-3:00pm	A.A.R.P. Chapter Meeting	1st Thu.
2:00-4:00pm	Retired Military	2nd Thu.

FRIDAY

9:30am-4:00pm	Pinochle	Weekly
9:30-10:30am	Line Dance Practice	Weekly
10:00am-2:00pm	Advanced Bridge	Weekly
10:30-11:15am	Intermediate Line Dance	Weekly
11:30am-12:15pm	Focus on Fitness	Weekly
12:30-2:00pm	Advanced Line Dance	Weekly
2:00-2:30pm	Line Dance Practice	Weekly
2:00-4:00pm	Asian Mah Jongg	Weekly
7:30-10:30pm	Foxtrotters Dance	4th Fri.

February 2008